

Good mood bucket list for the summer holidays!

EXPERIENCE AN ADVENTURE!

- Go camping for a night!
- Pack your backpack and go out into nature with friends
- Roast stick bread & marshmallows around the campfire with your family



LEARN SOMETHING NEW!

- Learn the hand lettering and embellish your writing
- Learn to crochet figures or tie makramées
- Try a new sport



DO SOMETHING CREATIVE!

- Knot friendship bracelets or your own mobile chain
- Create a colourful, creative lapbook for your heart's project
- Sketch your first own fashion collection with the TOPModel Dress Me Up



FIND A NEW HABIT FOR YOUR EVERYDAY LIFE!

- Begin to write a (holiday) diary
- Do a yoga or sports exercise every morning that is good for you
- Practice a new foreign language for 5 minutes a day
- Prepare a fresh & healthy breakfast every morning



DO SOMETHING RELAXING OR BEAUTIFUL FOR YOURSELF!

- Get up early and watch the sunrise with your best friend
- Enjoy a cool face mask and listen to your favourite song



Lexy

